**Nursery Home Learning Week Beginning 01.11.20**

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| **Story Time**  **Can you watch the**  **Cbeebies bedtime story with someone from your family every evening?**    At the end of the week let me know which was your favourite story and why? | **Maths and Numeracy**  Can you recognise any of the numbers on a clock?    What time do you go to bed? | **Health & Wellbeing**  **Try one of the cosmic kids yoga for bedtimes. There are a few different ones to choose from**    [**Bedtime Kids Yoga with Bop the Alien (app preview) | Cosmic Kids - YouTube**](https://www.youtube.com/watch?v=R8MHvrbvSdg) | **Bedtime Routines**  Can you tell me about your bedtime routine?  If you have a printer you can print the bedtime routine cards and put them in your order.  Or, even better find some objects from around your house and take a photo of the order you do things. For example- |
| **Creative**  Do you have a favourite toy you take to bed?  Do they have a name?    **Can you draw a picture of your toy?** | **Exercise**  It’s hard to get to sleep when we are stuck at home all the time!  Try to get some exercise    Look on the activity cards for some ideas  Can you make up some of your own? | **Mark making**  Can you practice writing the  **first letter of your name**?  Try to spot this letter **10 times** in other places around your home  eg. books or magazines, food packaging etc. | **Please tweet or email me any work that you do!**  **Thank you!**  **See the table below for activities you could try every day.** |

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| Things that you can do everyday with your child throughout the day: | | | |
| Exercise time  It’s really important to keep our bodies moving while we are at home.  Can you choose a different workout video to complete everyday? Click on one of the links below.  [CBeebies - Andy's Wild Workouts (bbc.co.uk)](https://www.bbc.co.uk/programmes/p06tmmvz)  [Cosmic Kids Yoga - YouTube](https://www.youtube.com/user/CosmicKidsYoga) | Reading    [Oxford Owl for Home: help your child learn at home | Oxford Owl](https://home.oxfordowl.co.uk/)  [Story Time - Stories for kids - CBeebies - BBC](https://www.bbc.co.uk/cbeebies/stories) | Numbers    [Learn to Count up to 10 with Underwater Counting Maths Game (topmarks.co.uk](https://www.topmarks.co.uk/learning-to-count/underwater-counting)  [Shape Monsters - 2D Shapes Matching Game (topmarks.co.uk)](https://www.topmarks.co.uk/early-years/shape-monsters)  [Ladybird Spots - Counting, Matching and Ordering game (topmarks.co.uk)](https://www.topmarks.co.uk/learning-to-count/ladybird-spots) | Sing along  **Sing some of our favourite songs from class with your family.**  [**Let's Count up to Ten - Counting Song - YouTube**](https://www.youtube.com/watch?v=6RfIKqkvHTY&list=PLpTWh6VEf2n_k5ifGOvfq0Q_WuDrXUWXP) **counting to 10 forwards and backwards**  [**https://www.youtube.com/watch?v=cSPmGPIyykU**](https://www.youtube.com/watch?v=cSPmGPIyykU) **- exercise and rhyme** [**https://www.youtube.com/watch?v=u4\_L7CM46M4**](https://www.youtube.com/watch?v=u4_L7CM46M4) **- 5 little fish** [**https://www.youtube.com/watch?v=L3DW45WIXgY**](https://www.youtube.com/watch?v=L3DW45WIXgY) **- pwy wyt ti?**  [**https://www.youtube.com/watch?v=OEbRDtCAFdU**](https://www.youtube.com/watch?v=OEbRDtCAFdU) **- 2D shape song** |

[**Early years resources for learning at home - BBC Bitesize**](https://www.bbc.co.uk/bitesize/articles/zks4kmn) **-** website with links to every subject and lessons.